



## Professional Profile - MSW

A clinical social worker with 30+ years of experience in serving the community, resolving conflicts, and providing support and service for those in need. Experienced in Family Intervention, Group Therapy, DBT and Addiction Intervention. Work experience in hospital psychiatric settings, Child & Family clinics, and Educational settings.

# NADINE THOMPSON

Social Worker – Educator - Social Entrepreneur - Lifestyle & Wellness Coach

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## Education

**Smith College for Social Work, Northampton, MA**  
Master's Degree in Clinical Social Work  
1989 - 1991

**York University, Toronto, Canada**, Bachelor of Arts in Social Sciences 1979 - 1982

## Certifications

**Marsha Lineham DBT Skills Training Certification 2020**

**CANS Certification 2020**

**Babson College, Boston MA**  
The Goldman Sachs 10,000 Businesses Program  
2014

**Smith College – Dartmouth College** The Smith-Tuck Global Leaders Program for Women  
2009

**Boston College, Boston MA** Certification in Addiction Specialist Counseling  
1992

**Oolagen Family Institute (Extern Program)**  
Certification in Family Therapy and Counseling  
1988

**Ryerson University, Toronto, Canada**  
Certification in Diversity, Multi-lingual and Cross-Cultural Practice  
1987

## Core Competencies

- Strong clinical practice and life coaching skills (DBT and CANS certified clinician)
- Family Therapy & Couples Counseling
- Addiction Counseling
- Women & Minority Advocacy
- Facilitate supportive and psychotherapy services to address the needs of children & families
- Treating African American Women and Families in Times of Trauma
- Creating and facilitating clinical therapy groups
- Experience in crisis intervention and community support services
- Creation of innovative community training and coaching resources
- Strong background in diversity, race relations, multi-lingual and cross-cultural practice
- Socially Responsible Business Practices
- Motivational speaking and Training
- Creator of innovative training and coaching resources

## Short Bio

Nadine Abraham Thompson is a clinical social worker, social entrepreneur and a lifestyle coach who has committed her career to empowering women and creating innovative entrepreneurial opportunities for people that are interested in improving their lives.

Thompson started her career as a social worker in 1989 to provide care management and dedication to clients. She then worked as a certified child and family therapist where she created and implemented goals and therapeutic interventions to meet the needs of children and families.

Today, Thompson is the Clinical Director at Lamour Community Health in Boston, MA. and Founder and CEO of Soul Purpose Life Coaching and Lifestyle Company - an innovative health and wellness company in Exeter, NH, where she provides organizational leadership and coordinates operations, field development, training initiatives, consultant support, customer service and systems analysis. She is the proud producer and host of a highly successful podcast for the Soul Purpose community entitled Call & Response.

Nadine Thompson's achievements have been recognized internationally with numerous awards and is a much sought-after speaker on entrepreneurship, women's empowerment and direct sales. Thompson is also a distinguished Goldman Sachs 10,000 Small Businesses scholar. She was one of 20 celebrated women entrepreneurs featured at The White House - United State of Women Summit.

Thompson lives in Exeter, New Hampshire with her husband, Rev. Robert H. Thompson, and their children, Camilla, Isaiah and house full of pets. To contact Thompson, call her directly at 1-603-661-9826

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## Affiliations

### NH Women's Heritage Trial (Chairperson)

[www.nhwomensheritagetrail.org](http://www.nhwomensheritagetrail.org)

2014 - Present

### The Harvard School of Public Health

Leadership Council

2008 - 2010

## Awards

### NH Magazine 2016 "The It" List

### Power 50 List of the 50 Most Influential

People in the Direct Selling Industry (5

consecutive years)

### The Onyx Woman Economic

Empowerment Award

### The Global Diversity Network

Trailblazer Award

### The Los Angeles Black Expo

### Madam CJ Walker Award for Leadership

and Entrepreneurship

### The Rhode Island House of

Representatives Outstanding Woman

Entrepreneur of the Year (2006)

### Black Enterprise Magazine's Emerging

Company of the Year (2006).

## Professional Profile - Social Entrepreneur

Extraordinary experience (20+ years) in building strong direct sales businesses and empowering women to lead exceptional lives. An excellent communicator with a collaborative style, proactive mindset, strong leadership skills, exceptional problem-solving abilities, excellent trainer, coach, mentor, and public speaker. Her strength lies in her ability to lead strong, collaborative teams and a strong advocate for mental health and wellness.

## Professional Experience

### Lamour Community Mental Health Clinic

2020 - Present

*Clinical Director*

- Overseeing and managing all of clinical departments at a community based mental health clinic.
- Provided management, coaching and supervision of clinicians and paraprofessionals employed at the center.
- Oversees training and professional development for the clinical staff.
- Continue to ensure excellence around providing multi-cultural and multi-lingual services to a very diverse client population.
- Developed COVID 19 protocols and policies for providing services during the pandemic. Including setting up telehealth services and resources for all clinicians and patients.
- Created marketing strategies to attract new clients and clinical employees.

### Soul Purpose Life Coaching

2005 - Present

*Founder - Private Practice*

- Created an innovative life coaching model that includes emotional, physical, and cognitive well-being.
- Support clients in creating the proactive steps to lead the lives that they want and in turn to develop their confidence as entrepreneurs, leaders and mentors within their defined communities
- Promoting the connection between good health, self-care, wellness and positive self-regard.
- Developed innovative training, mentoring and coaching resources for small businessowners.
- Developed business development strategies and a women's acceleration program.

### Soul Purpose Lifestyle Company

2008 - Present

*Founder and CEO*

- Created an innovative all-natural wellness, bath and body care brand, while promoting the connection between self-care and wellness
- Developed innovative training, mentoring and coaching resources for sales consultants.
- Coordinated business development, operations, finance, budget, hiring and staffing.

### Key Achievements

- Created an international and national speaking tour focused on empowering women to focus on health, wellness and self-care.
- Implemented a digital marketing strategy for a web based and home party integrated platform.
- Orchestrated all facets of corporate functioning including financial analysis, revenue projections, valuation, and warehouse operations.
- Developed a highly competitive, entrepreneur- focused compensation plan
- Developed and curated Soul Purpose 2.0, which includes an innovative line of CBD Lifestyle products.

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## Publications

**Influential and Phenomenal Women of NH, 2015**

**Values Sell:** Transforming Purpose into Profit Through Creative Sales and Distribution Strategies Berrett-Koehler Publishers, 2007.

Published several essays and articles on entrepreneurship, multiculturalism, diversity and psychology.

## Speaking Engagements

**Boston College-10/2020**

Treating African American Women and Families in Times of Trauma.

**United State of Women,**

The White House Washington, DC - 2016

**Dartmouth Hitchcock School of Medicine**

Dept. of Psychiatry (Guest lecturer)

**The Kellogg School of Business**

**The Wharton School of Business**

**Columbia University, School of Business**

**Smith College** – Building Community Conference for Women

**The National Black MBA Association**

**ESSENCE Magazine's "Women Who Are Shaping the World" Leadership Summit**

## Empowerment

30 years of commitment to **Wellness, Self-care & Empowerment.**

## Professional Experience

**Bedroom Kandi Boutique Parties**

2015 - 2019

*Interim- President*

- Provided organizational leadership and develops sales strategies for the consultants & web customers
- Lead the corporate team in developing new direct sales compensation plan system for consultants
- Field Development, consultant recruitment and retention initiatives
- Development of social media strategies and creating opportunities for partnerships and brand awareness
- Coordinate brand development strategies and public relations initiatives
- Coordinates operations, hiring, training, customer service, consultant support, IT & systems analysis.

*Key Achievements*

- Developed communication and training tools including a podcast for a nationwide network of consultants.
- Implemented a strategic planning team to create a hybrid party plan & direct sales opportunity.
- Created and executed regional and national training events and conventions.
- New product development including a Woman's Wellness line, Men's line and "The Giving Tree" line which utilized ingredients from West Africa to support the socially responsible arm of the brand.

**Warm Spirit**

1998 - 2007

*Co-Founder and CEO*

- Created a nationally recognized hybrid direct sales bath, body, wellness and lifestyle brand
- Developed innovative strategies for recruitment and training consultants new to the direct selling industry
- Developed strategies for brand development and product development.

*Key Achievements*

- Recruited and trained top-performing sales team (approximately 30,000 women) nationally to build consultant base and engaged customer base
- Grew sales to over \$40 million by executing ardent strategies & implementing innovative sales strategies & competitive and innovative consultant recognition and compensation plan
- Executed a successful PR campaign and brand awareness strategy

**Philips Exeter Academy, Exeter, NH**

1993 - 2003

*Associate Dean of Students for Multicultural Affairs*

- Developed programs, support system, educational resources and financial support for the student body.
- Provided both peer and emotional supports by creating two nationally recognized support groups for male and female students. Worked with the 500+ faculty on diversity issues.
- Coordinated the school's nationally recognized assembly program.

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## Speaking Engagements

Social Venture Network –  
Entrepreneur's Conference

The Breakfast of Champions –  
Wealth Creation in African American  
Community

Black Enterprise –  
Women of Power Summit

Sister Talk – Women Entrepreneurs

Portsmouth Black Heritage Trail

Center for New England History

The National Black MBA Association

The "Today" Show on NBC

Social Ventures Network

ESSENCE Magazine's "Women Who Are  
Shaping the World" Leadership Summit

Circle of Sisters Expo

The National Organization of Women

Black Enterprise Entrepreneurs

Women of Vision Alliance

The National Coalition of 100 Black

Ebony Magazine – Entrepreneur's Summit

## Doing Well by Doing Good!

### Professional Experience

#### Manchester Child And Family Services, Manchester NH

1991- 1993

*Child and Family Therapist*

- Provided child and family therapy for families and children in the Manchester, NH area.
- Created and implemented goals, plan of care and daily plans specifically designed to meet the needs of children and families.
- Collaborate with team members individually and in group meetings to assist in development of treatment plans for the individual or family
- Created and evaluated treatment plans for families and individuals in crisis

#### Eliot Hospital Depart of Psychiatry, Manchester NH

1991 -1995

*Clinical Therapist*

- Provided initial assessment and psychotherapy services for adults and families
- Collaborate with team members to assist in development of treatment plans
- Evaluated and provided treatment planning and crisis intervention for outpatients
- Create and coordinate a Plan of Care and maintain continuity by liaising with clinical team.
- Coordinate and participate in patient care conferences & develop and prepare progress reports.

#### George Brown College, Toronto, Canada

1989 - 1991

*Associate Professor of Social Work Practice*

- Taught clinical social work practice and cross-cultural diversity practice
- Mentored student leaders and prepared them for community-based practice
- Supervision of Social Work Interns and Students

#### City of Toronto Department of Health and Human Services

1982 - 1989

*Social Worker*

- Demonstrated outstanding case management dedication to clients.
- Provided highly visible and caring client service.